



FOREVEREST™

by CycleHealth

SUNDAY, MAY 19



DISCOVERY ZONE IV

DISCOVERY ZONE III

DISCOVERY ZONE II





DISCOVERY ZONE I



Depending on your ability (and guts!) you can climb up to each discovery zone as little as once (1X) or as many as four times (4X) before making your final push to the summit.

HYLAND HILLS

BASECAMP

		# OF CLIMBS TO EACH ZONE	SUMMIT CLIMB	TOTAL # OF CLIMBS	APPROX. TIME
	RED CLIMBER	ULTRA 4 (x4)	+ 1	= 17	100-150 min.
	ORANGE CLIMBER	LEVEL 3 3 (x4)	+ 1	= 13	80-120 min.
	GREEN CLIMBER	LEVEL 2 2 (x4)	+ 1	= 9	60-90 min.
	BLUE CLIMBER	LEVEL 1 1 (x4)	+ 1	= 5	40-60 min.

A FUN CLIMBING CHALLENGE FOR THE WHOLE FAMILY!

- ◆ Choose your degree of difficulty
- ◆ Climb individually or with others
- ◆ Every climber reaches the summit
- ◆ Custom swag & refreshments
- ◆ Ages 7-99, ALL ability levels welcome! cyclehealth.org

